

Are your medicines
working
for you?



North East and
North Cumbria

**£20
million**

**is wasted every year
on unused medicines
across our region.**

That's equal to an
extra 535 nurses.



Help us reduce medicines waste by only
ordering what you need. Find out
more at: reducemedicinewaste.co.uk

HERE

TO

HELP

Are your medicines
working
for you?

NHS

North East and
North Cumbria

Are your medicines stacking up?

At times you might end up
with more than you need in
your cupboard. **Check what
medicines you already have
at home before you order
your prescription.**



Help us reduce medicines waste by only
ordering what you need. Find out
more at: reducemedicinewaste.co.uk

**HERE
TO
HELP**