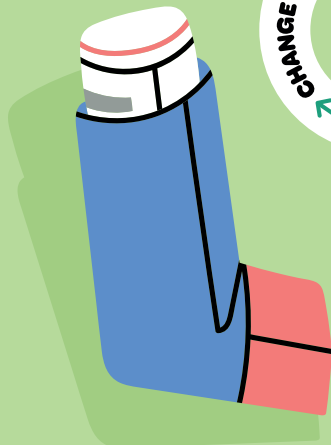


**NHS**

North East and  
North Cumbria



Love your — ○  
lungs —  
love the  
**planet!**

**Did you know?**

**You can try a greener inhaler.**

**Some are over 20 times better for the planet than other kinds of inhaler.**

It's unlikely that switching inhalers will make your condition worse and you can switch back at any time if it doesn't feel right for you.

**Ask about trying a new inhaler at your next review.**

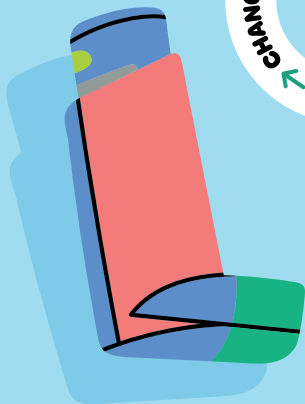
**[greenerinhalers.co.uk](https://greenerinhalers.co.uk)**

**✔ Switch back at any time**

**HERE  
TO  
HELP**



North East and  
North Cumbria



create a world  
— where we can  
— all breathe  
— a little —  
— easier —

## Did you know?

Many people are trying and switching to more environmentally friendly inhalers.

They are easier to use and many have dose-counters so you can monitor how much is left.

Ask about trying a new inhaler at your next review.

[greenerinhalers.co.uk](https://greenerinhalers.co.uk)

✓ Switch back at any time

HERE  
TO  
HELP