



You can try a greener inhaler.

Some are over 20 times better for the planet than other kinds of inhaler.

It's unlikely that switching inhalers will make your condition worse and you can switch back at any time if it doesn't feel right for you.

Ask about trying a new inhaler at your next review.



greenerinhalers.co.uk









Did you know?

Many people are trying and switching to more environmentally friendly inhalers.

They are easier to use and many have dose-counters so you can monitor how much is left.

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